



Club #85, founded 1913

Sept. 1 and 8, 2009

Attendance Sept 1st: Herman Alves, John Bishop, Bertrand de Cardaillac, C zar Dragutan, Patrick Lemoine, Carlo Pugliese, Steve Sadler, Barry Schmidt, George Shalhoub, Udo Stundner, Nemo Turner, Bob Velan. Visiting Rotarians: Udo Feldheim, Ansbach, Germany; Kadany Savia, Beirut, Lebanon.

Attendance Sept 8th: Herman Alves, John Bishop, Bertrand de Cardaillac, Patrick Lemoine, Steve Sadler, George Shalhoub, Nemo Turner, Bob Velan, Drew Webster.

September 1st meeting:

Carlo chaired the meeting as President Nemo apparently was deep in another time zone and was brought back to our Eastern Daylight Saving time zone following a phone call by Carlo . President Nemo did however arrive to close out the meeting .

Our speaker for the day was introduced by Carlo . Maurice Kershaw is a Psychologist specializing in hypnosis . Our speaker stated that a major misconception about hypnosis is that it is not part of our natural condition . He mentioned that most people considering hypnosis are concerned about the possibility of entrapment and fear not being able to get out from under the hypnotic state . He mentioned that he always must explain to patients how hypnosis is part of our daily life . When we get a person to relax and feel comfortable that person then becomes receptive to suggestion . This is a form of hypnosis . He gave the example of a little boy who hurts himself and runs crying to his parent . The parent then proceeds to hug the little boy making him feel comfortable and open to the suggestion that all is fine at which point the boy stops crying . He mentioned that people are frightened by the possible loss of consciousness . Mr Kershaw stated that while under hypnosis we are totally conscious and we do not surrender our will . We can not be convinced to do anything that we are not receptive to . Mr Kershaw advised that anyone considering hypnosis should not go to a hypnotist but to a medical professional specializing in hypnosis . The talk was well received by the members and number of questions were taken by the speaker . President Nemo thanked the speaker .

Notes taken by Carlo while under hypnotic spell.

September 8th meeting:

This being a Club Assembly, the agenda consisted of a mix of items: golf tournament, distribution of proceeds, next board meeting, student back from Rwanda, International Convention.

Carlo reported that our **golf tournament** netted \$14,745. This was \$5000 less than last year. We had 65 players instead of 80. The business climate was tougher this year. We lost a number of hole sponsors. The committee recommends the following distribution: \$7000 to NOVA, \$5000 to Elizabeth House, \$1000 to Concordia Proudfoot, \$1474 to the Welfare Fund of our club. The Whitlock golf club treated us very favourably, charging us for 65 golfers and not for a higher minimum. George Shalhoub expressed the club's appreciation for the hard work done by Carlo and his committee.

President Nemo advised that the Club Board would meet at 6 pm on Sept 15. This date has since been cancelled. The meeting will take place instead in early October on a date yet to be set.

George Shalhoub spoke of ways and means to make our Welfare Fund more of a focus for "in memoriam" type donations. At one time we had a pamphlet. Perhaps a notice on our website offering the idea of a donation to the Welfare Fund as a means of honouring someone.

We discussed how we should get involved in the International Convention.

Drew Webster said he had received a phone call from Lauren Hamlin-Douglas who is back from Rwanda and is ready to speak to us. She wants a couple of dates. President Nemo said he would follow up.

Next Meeting: September 15th, 7.30 am at the St. James Club
Speaker: TBA